

**ADVANCE MEMORIAL  
United Methodist Church**

1007 Bellefonte Road  
Flatwoods, KY 41139

Address Service Requested

**We're on the Web!**  
[advancechurch.net](http://advancechurch.net)

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# Advance Memorial United Methodist Church

## *THE MESSENGER*

1007 Bellefonte Rd.  
Flatwoods, KY 41139  
606-836-5634



**October 2020**

### **Autumn Leaves and Helplessness**

I am hoping and praying for a beautiful Fall. It's nothing special about this year. Every year around this time I hope and pray for a beautiful Fall. I don't know enough about the philosopher Albert Camus to know if I agree with him about anything else in life, but I wholeheartedly share this sentiment he had about Autumn. He said, "Autumn is a second spring when every leaf is a flower." There is nothing quite like the fireworks of Fall – nature's last hoorah before a well-deserved rest. The truth is though, that however glorious they may have the potential to be, they don't always live up to it. I hope and pray every year for a beautiful Fall because it doesn't always happen. In fact, it's been a few years since we have had a real stunner. And the most frustrating thing for me is that I have no control over it.

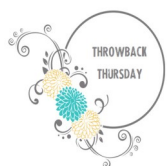
If I want good tomatoes I can nourish the soil, control the amount of water and sunlight the plant gets, etc. On the

small scale of a few plants a lot can be done to artificially provide what might otherwise be lacking. But Autumn Foliage exists on a whole different level. According to the Accu-weather website, "The best weather for brilliant fall foliage is a growing season with ample moisture followed by a dry, cool and sunny autumn with warm days and cool but frostless nights." That is a bit too many factors over too large an area for us to have any significant impact on the outcome. We can only watch and wait, hope and pray. I admit I don't really like that arrangement.

It is hard to have issues we value greatly completely out of our hands. I am not a big fan of being forced to just wait and see what happens. I like to determine outcomes. I like to control. The truth is that life is full of circumstances that have the potential to effect us greatly, and about which we have little to no control over.

*Pastor Sean Shroll*  
*Continued ...*

## Musical Notes



**10:45 Worship Choir meets on Thursdays 7:00 pm (tentatively)**

I thought we all might enjoy a THROWBACK to see what was happening at Advance back in 2012 for our October newsletter edition. I should remind you that we had two morning worship services at 8:30 and 10:45 am. I had fun reading the “news” from 2012 and it’s still true today: the music at Advance is AWESOME!

I appreciate all the affirmations of the new blended choral anthems mixing a bit of familiar hymns and new worship songs together. It’s a great option that offers meaningful and worshipful anthems for our congregation whatever one’s musical preference might be. Both the Jubilee and Chancel Choirs have enthusiastically embraced the variety and it’s always a treat for us to learn and present new music!

I encourage you to invite a friend and join us on **Thursdays at 7:00 pm** for regular weekly choir rehearsals in the church sanctuary. It’s a wonderful time of fun and fellowship as we prepare great anthems for both

Sunday traditional worship services! **EVERYONE IS WELCOME**, whether you regularly attend 8:30 or 10:45 services.

We are working on Christmas music, so even if you only sing with the choir for special events and programs, I hope you will try to attend rehearsals in coming weeks. I understand if your schedule does not permit attendance at regular rehearsals but listening CDs and books are available so you may prepare on your own

*Mary Beth Cordle*

To the **Easter Choir**: I guess by now you’ve figured out our Easter musical, “Our Living Hope” is not going to happen this year. If you have a book, just return it to the church office or to me and I will store them in the music library for next year. Feel free to keep your CD if it’s one we burned for you. But if you have an original, please return that with your book. These are beautiful, timeless songs and we’ll save them for Easter 2021.

*Thank you,*

*Diana Williams*

## Handbells Notes

What a blessing to hear the whole bell choir this past month on Handbell Sunday! That was the first time we have all been together since March. Little did we know when we were preparing to play on the 3<sup>rd</sup> Sunday in March that it would be six months before we would all play together again. Thank you, Carrie Fraley for coming out of your comfort zone to play with us this month. The bells and flute on “The First Song of Isaiah” were beautiful. “Come Thou Fount of Every Blessing” is a favorite of mine and they played it beautifully. (I’ve been told this is also a favorite of Skip Thompson!)

Throughout these past months we have worked diligently to keep our handbell ministry active. It has taken a lot of “extras” (extra music so no one has to share a folder, single tables, borrowed table cloths to cover those tables, masks, etc.) to make this possible. Our ringers and Pastor Sean

have been so accommodating with rehearsals and recordings and I thank you.

Hopefully, now that we know we social distance we can continue to use the whole group. Thanks to Suzie Fields, we even have a special “handbell” mask! We will continue our tradition of playing on the 3<sup>rd</sup> Sunday and begin preparing for Christmas, which is usually a very busy season for us. This year will probably be different and we will have to be creative but we still have reason to celebrate!

Blessings!

*Diana Williams*



### Attendance & Offerings

September S.S.	Oakmont 10:45	6:00 pm FLC Service	6:00 pm Traditional Service	Offerings
6	47	18		\$8,694.00
13	38	30		\$4,745.00
20	48	32		\$4,070.00
27	49	19		N/A
<b>Average</b>	<b>46</b>	<b>25</b>		<b>\$5,836.34</b>

**Building Fund Donations: September \$2,129.34**

If you would like to make a donation to the general fund or the building fund (FLC center) you can mail in a check, stop by the church office or use your pay pal.

## Advent Devotions

### LOOKING AHEAD

Is that snow or pollen? And is that sleigh bells I hear or are my ears just ringing from my allergies? No kidding! Rehearsals usually start this month for choirs and drama for our Christmas season, so we are thinking of creative ideas for how to prepare for these upcoming beloved church seasons. If you have suggestions, please share! We can offer some drama opportunities via video, the “masked” bells have managed to social distance but we’d like to consider ways to incorporate or adapt some of our program opportunities to get more up close and personal – under the guidelines, of course! Who knows? We might come up with innovative and fun ways to interact within our church family!

It might be the perfect year for an **Advent Devotional!** WRITEITNOWWRITEITNOW

**Coming up:** Autumn and Harvest, All Saints Day, Thanksgiving, Advent and Christmas!

*Mary Beth Cordle*

## Gift Certificates

### We sell Gift Certificates:

Food Fair	Bob Evans
Cheddars	Chick-Fil-A
Giovanni’s	Moe’s
O’Charley’s	Penn Station
Texas Roadhouse	Subway

*The Proceeds go to the Building Fund. To purchase gift certificates, please see Ninette Amis, Melisa Thompson, or Kristin Adkins. We have plenty of certificates on hand!*

### Kroger’s Plus Card

Many of our church members are Kroger’s Plus Card members. This service is free, and customer’s receive discounts on fuel, as well as online coupons.

Our Church Organization is registered with Kroger’s. Anytime a registered church member shops with Kroger’s, our church can receive a portion of the sales, which goes to the church Building Fund.

If you have a Kroger’s Plus Card you can go into the customer rewards on the Kroger’s website and select Advance.

*This service will not cost you a penny!*

## Autumn Leaves And Helplessness *continued....*

Pandemics, the divisions and restlessness across our country, a volatile election, a preponderance of natural storms and disasters. Helplessness is hard and stressful.

The question is, “During this time of helpless waiting, do we trust the Creator?” Do we trust that God is still doing something beautiful even if He doesn’t burst forth in brilliant colors in our lives the way we want Him to? Over the last few years when Autumn colors have not been as amazing as in other seasons I have learned a few things. The browner the vast canopy of foliage is, the brighter a colorful tree stands out. The fewer the colorful trees seem to be, the more I value and am thankful for each one. And some trees, like sumacs with their bright red Fall display, can almost always be counted on. These too are valuable experiences to have and lessons to learn. Things we might never notice or appreciate if every Autumn was a stunner.

*Ecclesiastes 3:1* tells us, “For everything there is a season, and a time for every matter under heaven...” In our lives there will be seasons of great beauty and times of near barren-ness. But as the old hymn reminds us,

“Many things about tomorrow I don’t claim to understand, but I know who holds tomorrow, and I know who holds my hand.” Many things leave me feeling helpless, but I know where my help comes from. My help comes from the Lord, the maker of heaven and earth. As we strive to stay in the center of His will and trust Him, “We know that all things work together for good for those who love God, who are called according to his purpose.” - *Romans 8:28*. Peak Fall foliage in our area is due to hit around October 12-19. Let us see what good thing God has in store for us.

Blessings!

*Pastor Sean Shroll*

## Health Ministries:

WALKtober, an annual health promotion event that aims to encourage people to get out and start walking more, begins October 1<sup>st</sup>. October is ideal for walking as fall temperatures are mild and color is at its height. Walking is one of the most powerful ways to lose weight, stay healthy and live longer and it's so simple that most everyone can do it. Plus it has tremendous benefits:

- 1. Walking will improve your mood** – Research shows that regular walking actually modifies your nervous system so much you'll experience a decrease in anger and hostility.
- 2. Walking helps you burn calories and lose weight** – Regular walking can help improve your body's response to insulin which can reduce belly fat.
- 3. Walking can reduce your risk of chronic disease** – Research shows that regular walking can reduce blood pressure by as much as 11 points and may reduce the risk of stroke by 20 to 40%.
- 4. It can delay the onset of varicose veins** – Walking is a proven way to prevent these unsightly lines from developing.
- 5. Your digestion may improve by walking more** – Walking utilizes core and abdominal muscles which encourages movement in the gastrointestinal system.
- 6. Other goals will start to seem more reachable** – When you become a regular walker you are more likely to take on other healthy behaviors.

- 7. Walking can help you feel more creative** – Researchers administered creative-thinking tests to subjects while seated and while walking and found that the walkers thought more creatively than the sitters.
- 8. It can help alleviate joint pain** – Contrary to what you might think, walking improves your range of motion and mobility because it increases blood flow to tense areas and helps strengthen muscles surrounding your joints.
- 9. Walking more can boost your immunity** – Putting one foot in front of the other can help improve function in older adults rheumatoid arthritis. A recent study also shows that walking may help patients with chronic obstructive pulmonary disease (COPD) reduce their morbidity and mortality risk.
- 10. It can help you live longer** – the secret to a longer and healthier life involves walking and getting outside.
- 11. And last but not least, you'll sleep better at night!**

Despite all of the changes this year has brought, we have a God who walks with us and provides us with the glorious colors of fall during October. Through his prophet, Isaiah, He promised us that “... *those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint,*” (40:31, NIV).

*Diana Williams*

## Opportunities

Ladies Bible Study meets **Thursdays, from 12:30 to 2:00 pm**. We are studying **Galatians!** Bring your Bible, lawn chair, face mask, a snack if you desire. We will meet in the church gym.

Call me if you have any questions 606-831-2319!

Hope to see you there. *Eddie Shrall*

Discipleship Training Class will begin **Thursday, October 1st at 7:00 pm**. This class will run for 12 weeks. If you are interest please contact Pastor Sean at 606-831-1244! We still have books!

*Pastor Sean Shrall*

### Children's Program

Tiki Shrall and Carrie Fraley are putting together packets for the children, ages 5 through the 5th grade.

If you know of a child, that would like to have a packet, please contact Tiki, Carrie or the church office.

#### We are collecting:

- **Old CD's or DVD's**
- **Flip Top Dishwashing Liquid Lids**
- **Clear Lids** from: old Pringles cans & Cool Whip containers.

Thank you,

*Tiki Shrall & Carrie Fraley*

## Upcoming Events

### It's a Boy!



**Baby Shower** for Tyler & Ashley (Sennett) Parsley on **Saturday, October 3rd** from **1:00 pm to 3:00 pm**. Ashley is the daughter of Scott & Patty Sennett. They are registered at Target & Amazon.

### Bridal Shower

**Bridal Shower** for Natalie Conley on **Saturday, October 17th** from **1:00 pm to 3:00 pm**. Natalie is the daughter of Chris & Susan Conley. She is registered at Target & Bed Bath n Beyond!.



### It's a Girl!



Elizabeth (Floyd) and Enzo Delgado is expecting a Girl in early October! If anyone would like to send her a gift, she is registered on Amazon (it will ship to her and Enzo In New Mexico). Her registry is Elizabeth Delgado she is in early October.

We are hoping maybe in December we will be able to have her here to introduce Gabrielle “Gabby” to all. She wanted so much to share this with her church family .

## Drama

### Advance Drama Ministry: Acting Up in Church in 2020



.I don't know about you but I miss acting up in church. We took an August break, it's true but it's been way too long without a live dramatic moment... unless you count Pastor Sean telling a personal story and looking to see if the family member he is using as an illustration is in attendance. NOW THAT'S LIVE DRAMA!

Drama ministry presents special skits at Advance for church events, holidays and holy days throughout the year. Watch your bulletins for information. We appreciate our talented and gifted actors who serve faithfully throughout the year at Advance Memorial UMC. We are always looking for new opportunities and you absolutely will want to play a part!

Thank you to all those who have shared their talents in drama with our church family through videos, taped skits and other dramatic moments! Keep ACTING UP!

*Drama Mama*

*Mary Beth Cordle*

(Yes, they are masked. No, they are not social distancing. Don't be like these guys!)



### COWBOY CHRISTMAS

#### What in tarnation is a'goin on now?

Dagnabbit! I ain't got no problem with social distancin' where them trail hands and cowboys are consarned. Some of them fellers ain't bathed in a month of Sundays and I lak to stay downwind from 'em no matter whut! I hope all y'all air tuning up yer gui-tars for some foot-stomping hoedown and square dancin' but keep a'wearin' them bandanners over yer pie holes same as when y'all air trailin' the herd and the dust is chokin'. Now, boys, if'n y'all been a'serenading the herd with them lullabies, not too loud... in case they really is a babe a'sleepin' in the hay! Keep hit soft and sweet! "Yippee ti-yi-yo, get along, little dogies..."

Watch this here space fer more news...  
YEEHAW, YAHWEH! (That's cowboy lingo for "Praise the Lord, y'all!")

Cisco Cordle,

*Mary Beth Cordle*

## Schedules & Meetings

### Van Drivers Schedule for October

October	Driver's Name	Home Phone
4	Mickey Williams	836-2645
11	Bobby Crager	836-6069
18	Mickey Williams	836-2645
25	Bobby Crager	836-6069

Trustees will meet **Saturday, October 3rd, at 11:00 am (outside at the church)!** Members are: Terry Frazier, Thomas Frye, Dale Wyant, Nannette Stevens, John Hardy, Linda Wyant, Don Harvey, Mike Carter, Paul Underwood, Linda Thompson, Charlotte Dowling, Martha Osborne, Bill Tindall, & Pastor Sean Shroll.

Finance Committee will meet **Tuesday, October 1st at 7:00 pm. (This is a Zoom Meeting!)** Members are: Nick Cloyes, Sam Atkins, David Thomas, Ron Andrews, Anita Elliott, Kay Smith, Mike Carter, Jim Lyon, Ron Zastawniak, Kristy Gross, and Pastor Sean Shroll.

Administrative Board will meet **Tuesday, October 20<sup>th</sup> at 7:00 pm. (This is a Zoom Meeting!)** Members are: Sam Atkins, Nick Cloyes, Ron Andrews, Jane Thomas, Carol Highstone, Kathy Clayton, David Thomas, Anita Elliott, Kay Smith, Brittnany Hoback, Brian Gross, Christy Lemaster, Joyce Smith, Johanna Meyer, Carrie Fraley, Ruth Ann Highley, Allan & Melisa Thompson, Debby Atkins, James Lyon, Mary Beth Cordle, Diana Williams, John Mings, Brian Gross, Christy Lemaster, Kristin Adkins, Mike Carter, Carol Stevens, Don Young, Ron Zastawniak, Mike Dowling, Bill Tindall and Pastor Sean Shroll.

- **Susannah Circle** will not meet in October!
- **Methodist Men** will not meet in **October!**
- **Methodist Women** will not meet in **October!**

Fellowship Nurture and Outreach will meet **Tuesday, October 13th at 7:00 pm. (This is a Zoom Meeting!)** Members are: Sam & Christy Atkins, Peggy Carter, Kristin Adkins, Kathy Clayton, Shirley Cloyes, Betsy Douglas, Irene Fisher, Cora Frailie, Becky Harvey, Carol Highstone, Irwina Kiger, Bob & Annie Miller, Kay Miracle, Tom & Lorna Saylor, Scott & Patty Sennett, John & Edie Shroll, David Thomas, and Pastor Sean Shroll.



# October 2020

## October Birthdays

## October Anniversaries

- 1 Brian Evans
- 3 Pete Frailie
- 3 Pamela Lamblin
- 5 Mike Carter
- 6 Brad Kifer
- 6 Allison Kifer
- 6 Sunny Riddell
- 7 Carl Chapman
- 9 Boneva Back
- 9 Marcella Crawford
- 16 Mary Simmerman
- 16 Sam Atkins
- 17 Jeffrey Johnson
- 19 Sonja Atkins
- 21 Aubrey Grace Young
- 22 Cassie Roark
- 24 Cora Frailie
- 25 David Crum
- 27 Josh Elliott
- 28 Seth Hudnall
- 29 Bob Evans
- 29 Natalie Conley
- 30 Mike Kifer
- 30 Eli Gilliland

23 Tom & Lorna Saylor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 <i>Trustees 11:00 am</i>
4 <i>Holy Communion</i> Traditional Service 11:00 am Evening Service 6:00 pm	5 Boy Scouts 6:00 pm Cub Scouts 6:00 pm	6 <i>Finance 7:00 pm</i> <i>(Zoom meeting)</i>	7 Youth Group 6:30 pm Adult Bible Study 7:00 pm	8	9	10 <i>Baby Shower for Tyler &amp; Ashley (Sennett) Parsley 1:00 to 3:00 pm</i>
11 <i>Building Fund</i> Traditional Service 11:00 am Evening Service 6:00 pm	12 Boy Scouts 6:00 pm Cub Scouts 6:00 pm	13 <i>Fellowship, Nurture &amp; Outreach Committee 7:00 pm</i> <i>(Zoom meeting)</i>	14 Youth Group 6:30 pm Adult Bible Study 7:00 pm	15	16	17 <i>Bridal Shower for Natalie Conley 1:00 to 3:00 pm</i>
18 <i>Faith Promise</i> Handbell Sunday Traditional Service 11:00 am Evening Service 6:00 pm	19 Boy Scouts 6:00 pm Cub Scouts 6:00 pm	20 <i>Administrative Board 7:00 pm</i> <i>(Zoom meeting)</i>	21 Youth Group 6:30 pm Adult Bible Study 7:00 pm	22	23	24
25 Traditional Service 11:00 am Evening Service 6:00 pm	26 Boy Scouts 6:00 pm Cub Scouts 6:00 pm	27	28 Youth Group 6:30 pm Adult Bible Study 7:00 pm	29	30	31

